



HOUSEHOLD EMERGENCY PLAN

A quick guide to preparing your family and home for emergencies.

Plus, a personalised plan for your household to record and access key information quickly and easily in an emergency.

**IF YOU OR ANOTHER PERSON IS IN DANGER,
ALWAYS CALL 999 AND KEEP YOURSELF SAFE.**

Because emergencies happen when we least expect them, being prepared can help reduce the effects on you and your loved ones.

If you are not involved in an incident but are close by or believe you may be in danger, in most cases you should:

GO IN
to a safe building

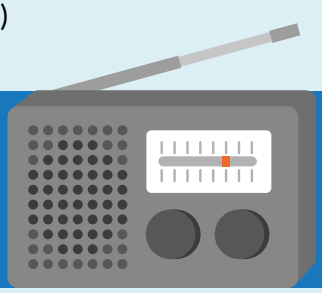
STAY IN
until you are advised to do otherwise

TUNE IN
to local TV or radio for more information

For updates on local emergencies: BBC Hereford & Worcestershire: (104-104.6 FM)
For national updates: National Radio BBC 2 (88–91 FM) or BBC 4 (92–95 FM)

Some situations may require you to stay home or evacuate. These include:

- Fire
- Severe Weather (storms/snow/ice)
- Flooding (rivers or surface water
- Power Outage
- Pandemics



Leaving or evacuating your home during an emergency:

IF YOU ARE ADVISED TO LEAVE YOUR HOME DUE TO AN IMMINENT DANGER, SUCH AS A FIRE, LEAVE IMMEDIATELY AND DO NOT STOP TO GATHER BELONGINGS.

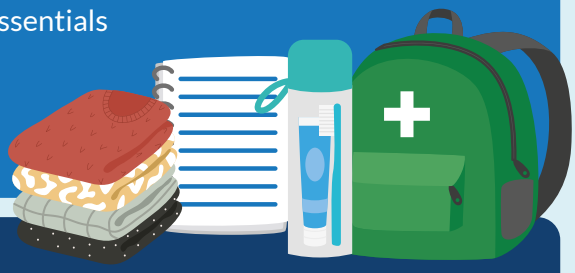
- Follow the instructions of the emergency services.
- Take your essential items such as medication, medical equipment, your mobile phone and charger and key documents (ID, purse or wallet).
- Remember to tell family, friends and carers where you are going.
- Depending on the emergency, if you have time and it is safe to do so, you might need to turn off the mains water, gas or electricity to your home during an emergency.
- Can you take your pets with you? If you are not sure, ask the personnel leading the evacuation.
- Do any family and neighbours need help? Do not put yourself in danger to assist others.
- Consider if you have any family or friends you could stay with?
- If you are currently receiving visits from NHS or Social Care providers, let them know why and where you have gone.
- If you are evacuating, make sure you've picked up your pre-prepared box or grab bag.

Consider preparing a bag of essential items:

If you live in an area where evacuation is more likely (i.e. due to flooding), you may benefit from having a pre-prepared bag or 'grab bag' of essential items to take with you.
Some suggested items to include in a grab bag are:

- A copy of this plan (including your useful contact numbers)
- Power bank & cables
- First aid kit (including in-date prescription medication)
- A bottle of water & snacks
- Toiletries & spare clothes
- Essentials if you have a baby (food, milk, nappies etc...)
- Something to keep you & the kids entertained
- Pet essentials

Keeping a grab bag in your car may also help if you encounter emergencies or delays whilst travelling.



Returning home after evacuation:

Listen to advice from the emergency services and local authorities. This may include advice about drinking water, power loss, cleaning up, including rotten food and other public health advice.

Contact your insurance company if needed.

WARNING: If your gas was turned off, it must only be turned back on by a registered Gas Safe engineer: **www.gassaferegister.co.uk/find-an-engineer-or-check-the-register/**

Staying at home:

Certain weather events or emergencies may require you to stay at home for several days.Below are some items to consider keeping at home in case of an emergency (it's useful to keep these somewhere readily accessible).

You don't need to buy all these at the same time (add to your kit when you can):

- **Torches:** Battery, rechargeable or wind-up – torches are safer than candles.
- **Portable power bank:** for charging your mobile phone and other essential tech (solar power banks are also available)
- **Radio:** Battery, rechargeable or wind-up radio to get updates during a power cut. You can use a car radio, but in severe weather, it might be safer to stay inside.
- **Spare batteries for torches and radio**, and a backup battery for any medical equipment you rely on.
- **A first aid kit** (or some first aid items) so you can treat minor injuries at home.
- **Hand sanitiser and wet wipes** for hygiene purposes if the water is off.
- **Bottled water**. A minimum of 2.5-3 litres of drinking water per person per day is recommended.
- **Non-perishable food** that doesn't need cooking, such as ready-to-eat tinned meat, fruit or vegetables (and a tin opener).
- **Baby supplies** such as nappies and baby formula – ready-to-use formula is best, as you may not be able to boil water or sterilise bottles.
- **Pet supplies** such as non-perishable food & water.
- **Prescription medication:** Aim to re-order so that you always have a minimum of 5 days' supply.



If you or household members are vulnerable, consider signing up to the Priority Service Register (PSR). For more information visit **thepsr.co.uk**
Encourage vulnerable family, friends, and neighbours to sign up to the PSR.
Remember to check on your neighbours during disruption if you're able to.

COMPLETE THE SECTIONS BELOW TO PERSONALISE YOUR PLAN

Store these details on your mobile device, as well as keeping a paper copy.

Contact details for household members and your landlord (if applicable)

Name	Contact Number

People who can collect children from school in an emergency?

Name	Contact Number

Where can we meet or stay near to home?

Name	Contact Number

Where can we meet or stay further from home?

Name	Contact Number

Who can I call if I need help?

Name	Contact Number

Friends, family or neighbours who may need help

Name	Contact Number

Important household Information

(School, Carer, Dr, House/Car Insurance, Vet details etc.)

Name	Telephone number	Policy number or location

Current medication

Who	Medication Name	Dosage (amount/ time of day)

Additional Notes/Information that is important to you and/or your household or family in an emergency:

Emergency telephone numbers, websites and social media details

Organisation/ Situation	Telephone number	Website & X Account Details
Emergency Services	**999**	**@WestMerciaPolice, @HWFRS, @OfficialWMAS**
NHS non-emergency – 24/7 support	**111**	**www.nhs.uk**
Police non-urgent	**101**	**www.police.uk**
Power Cuts (report/get updates)	**105**	**www.powercut105.com/en/**
For Gas Emergencies (Emergencies or Suspected Leaks)	**0800 111 999**	**www.nationalgas.com/emergency-contacts**
Environment Agency	**0800 807060**	**Twitter @EnvAgency**
Check your flood risk	**0345 988 1188**	**www.gov.uk/check-flood-risk**
Floodline (Main Rivers Flooding Advice & Guidance)	**0345 988 1188** (24hr service)	
Sign up for flood alerts		**www.gov.uk/sign-up-for-flood-warnings**
Find out who is responsible for different types of flooding		**www.worcestershire.gov.uk/council-services/environment/flooding/types-flooding**
Met Office – weather warnings		**www.metoffice.gov.uk/public/weather/warnings**
Worcestershire County Council	**01905 765765**	**www.worcestershire.gov.uk**
Bromsgrove District Council	**01527 881288**	**www.bromsgrove.gov.uk**
Malvern District Council	**01527 910682**	**www.malvernhills.gov.uk**
Redditch Borough Council	**01527 64252**	**www.redditchbc.gov.uk**
Worcester City Council	**01905 722233**	**www.worcester.gov.uk**
Wychavon District Council	**01386 565000**	**www.wychavon.gov.uk**
Wyre Forest District Council	**01562 732928**	**www.wyreforestdc.gov.uk**